

WELCOME TO
ANCIENT PATHWAYS
SEPTEMBER/OCTOBER NEWSLETTER



Midnight sun reflecting on the houses of Aassiaat, Greenland.

We have well and truly settled back into our "normal" lives after our sojourn into Arctic territory, beautiful Labrador and Greenland, with the 10th sacred stone symbol. If you haven't already seen it, the story is up on our site and we will put more pics with it when time allows. For now here is another picture which shows the huge icebergs coming out of the glacier and flowing passed the end of a street in Illulissat, Greenland. As you may remember we had to sail back to Aassiaat to then fly into Illulissat as the ice was coming out of the glacier at unprecedented rates and the ship could not get around it.

There is always a silver lining to challenges. Paul had the most incredible opportunities to photograph the most amazing icebergs on sea as smooth as glass and in stunningly beautiful light. Also because we flew in we got to see the glacier in all its glory and lots of other towns along the way.



Just one of the most beautifully coloured icebergs



The ice from the glacier next door casually flowing past houses at 11.pm Illulissat,
Greenland

Paul is now carving symbol numbers 11 and 12 plus finishing off the bull roarer, Te Rangi Tipuna, and it is starting to sing. Just brings the completion of 25 years of trust and following our hearts and intuition, so much closer. In November we will be in Scotland, specifically, Orkney in the Outer Hebrides. Following very quickly after we will be in Aotearoa/New Zealand to complete the circle with a closing ceremony high on the Ridge of The Wisdom Keepers, Te Kohanga, after an 8 day trek over the Southern Alps following the Peace trail, to get there.

For those of you asking about where book 2 is...it is being written and we hope to have it finished by early next year.

The world is changing rapidly for us all. We are seeing more and more people coming into our clinic seeking guidance as their old world seems to be crumbling around them.

REMEMBER you create your reality with your thoughts. So if anyone tries to pull you into a reality that does not serve you then realise you always have **CHOICE**.

Too often only the negative side of life is portrayed in our media and by those around us. That is only one reality. Turn off the tele, throw away the papers and **CREATE THE WORLD YOU WANT**. We have been creating the world we want for over 25 years now and yes there have been many challenges and when someone or something wants to pull us into negativity, we just step away. Those in power have their agenda and reality **REMEMBER** you can create a totally different scenario. Millions of people all over the planet are now waking up and coming together to create networks of light, love and support all over this planet as they step up and step into being who they truly are.

YOU ARE NOT ALONE! Step put of fear and into your heart and intuition. **REMEMBER why you are here and what it is you have come to do.**

FOLLOW YOUR HEART AND LIVE YOUR DREAMS.

Here is a poem for you that came to Paul. He put it out on facebook just recently. Please share if you feel drawn to do that.

THE KEEPER OF THE GATE.

Deep within you lies a gate,

The realm to set you free

There is a place, I'll show you where
and courage is the key.
You know this place,
It is a realm where mighty dreams come true,
where spirit soars on sacred wings,
near cliffs of every hue.
Who is the keeper of the gate,
The one that hold the key
to the mystic journey
deep inside,
the one that sets you free?
Who holds the key to this
great realm where the trail is marked by few?
Buried deep within the hearts of all,
The key is held by YOU!

Paul Hoogendyk August 2011

As we will be coming and going so much over the rest of the year we are putting out our Christmas specials now that will run until we go away. Yes we know there is 3 months until then, remember we will be away and will need time to get them to you.

HERE IS THE LINK TO YOUR CHRISTMAS SPECIALS.

<http://www.ancientpathways.com.au/christmas-special-for-our-readers-1>

Oh and there is a story to finish for you also!

THE POLAR BEAR IN THE ROCK continued.

When the old hunter heard the noise he came out of his tent. His only weapon was his drum, his Kilautik. He had made it from the bladder of a seal.

His drum was his heartbeat and the heartbeat of his people. One day, in death, the drum and its secrets would lie with him forever.

Though the man was old, the Kilautik was strong, He began to beat the drum.

The women and children were calmed by the drumming, by the heartbeat of the drum. They all became very quiet.

The children stopped crying and the dogs just lay down and fell asleep. They knew they were in safe hands.

And when they looked across the harbour, the polar bear had stopped dead in its tracks. They could still see it, but it had turned to white crystal, white flint.

Ever since the day that the angakkuk turned the bear into stone with his drumming, the white shape of the polar bear can be seen in the dark cliff of Mount Sophie when the northern sun shines, across the harbour from Nain, You can only see it on certain days when it catches the sun and shows the true shape of the polar bear.

But if you go up close looking for it, you won't find anything.

The old people say, when you see the bear, a stranger is coming to Nain. And sometimes the strangers are looking for the secrets in the dark, dark hills.



courtesy of Karen and Rick, Captains of the Wanderbird.

Don't know what it means but Paul and I both were able to see the Polar Bear quite easily even if others couldn't, on the days we were in Nain.

"til next time...be the person you would like your children to be

Paul and Phoebe.