

**May 2011 Newsletter for Ancient Pathways and Mauri Natural Therapy:**

**Dear Reader.**

**Welcome to our May Newsletter!**

**A Time to Act and a Time of Hope.**



**Children playing in the Tonle Sap Lake in Cambodia underneath and around their floating homes.**

**This lake is everything to them as well as their playground.**

**Compared to our children they seem to have so little and yet they are so happy just playing with and in nature.**

Once again this month has sped by and we will just scrape our May edition into its month.

We spent the weekend at the Whitelight Festival on the Gold Coast at which Paul was the keynote speaker. For us it was a great success on so many levels.

A huge thank you to all who attended the talks and the amazingly positive feedback we received. You know it just encourages us to keep going don't you?

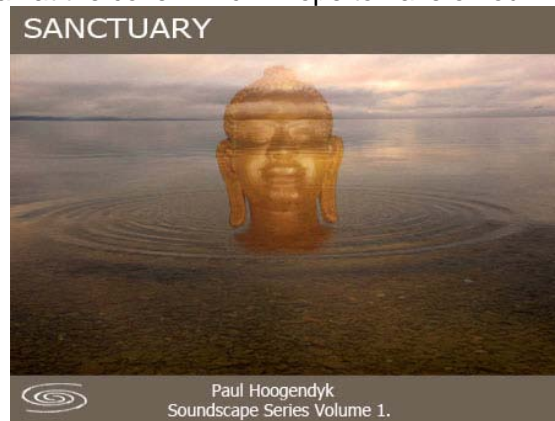
Thank you also to all who stopped by to chat to us, to purchase a book or Cd or both or perhaps have a mini-breakthrough session. Once again it was wonderful to meet so many lovely people and hear your stories also. A few who have read our first book stopped by to encourage us to finish writing Book 2. It is being written, just has its own timing like everything else on the planet and it is calling Phoebe to add more to it.

A BIG congratulations to Rochelle from Nerang who entered her name in our draw and

won 3 Inner Journeys CDs. They are on their way and we know you will enjoy them. We will have to think of something else for our draws from now on as 4 of our 5 new Cds are about to go up on our website as Mp3s for now. The physical ones will follow shortly, fingers crossed.

One we didn't mention last month is the first in our Soundscape Series. Inner Journeys through just sounds. Some of our talented musical friends have combined their skills with Paul's and together with Brad our sound man have come up with a Cd we are thrilled with. We know you will be too. Thank you so much to all who participated and gave of their time to create such magic.

Here is a sneak peak at the cover which I hope to have on our website in a few days.



Paul has written an article to once again bring peoples attention to the message of our Elder Brothers the Kogi, who first spoke to us, the younger brother, over 20years ago about what we were doing to this planet, our shared home.

We will begin another Metaphor for change and last but not least will be our special offer to our readers for the month.

Enjoy the newsletter and as always we look forward to your feedback.

Blessings to you all

Phoebe and Paul.

## The Heart of The World

It was the work of Alan Ereira and a television film crew from the BBC that first drew my attention to the higher aspects of Ancient Wisdom.

I sat transfixed as I watched this film in the early 1990s. The film and the book "The Heart of The World" showed the Kogi and their home, the Sierra Nevada de Santa Marta, the highest coastal mountain in the world in Columbia.

The Kogi call themselves the Elder Brother and had until then hidden themselves away from the rest of the world in their high mountain home,

The film crew were ushered across a rope bridge to the Kogi village, the only access. It was made very clear that there would only be this one meeting and that they had a

message for us, the younger brother.

This is the message: For the first time the snow had not fallen on the tops of the mountains, that the planet was beginning to warm and our actions were destroying the Earth Mother.

They could ignore younger brother no longer. He was beginning to undermine the very structure of life and the stability of the world. The Elder Brother could no longer look after the world alone. Younger brother is doing too much damage, he must see, understand and take responsibility. Now we have to work together otherwise the world will die.

The Hopi too have the same message: The good red road of balance, respect for each other and respect for the Earth or total destruction.

We ignore these people and their wisdom at our own peril. That film was over 20 years ago and yet little at the top levels of government has changed.

It is up to each of us to do what we can. Each one of us has in our hands a portion of the great tapestry of life. We can all create a time of great hope.

To view the original documentary and read other updates you can follow this link.

<http://www.taironatrust.org/>

We also have a friend Sarena Webb who spent time with the Kogi and she tells her story on her website [The Elder Brother](#)

## **METAPHORS FOR CHANGE**

### **The Eagle and The Frog**



By Paul Hoogendyk from the Touching The Earth Series

A long time Ago there lived a little green frog and he dwelt at the bottom of deep, deep dank well. With him lived his family. His brothers and sisters and his Mum and Dad.

He spent his time catching mosquitos and playing hide and seek with his siblings.

He would watch the sun rise and fall in his world as it came over the edge of the well, travel across to set on the other side. His daylight lasted at least a couple of hours and he was sort of happy with his world. He really didn't know anything else.

Then one day a huge shadow appeared at the top of the well blocking out the entire sun. The little green frog looked up in absolute amazement. His mouth dropped open as he stared at this incredible sight.

"Hello Little frog." said the shadow. The little frogs eyes opened wide in awe.

"What are you?" asked the little frog.

"I am an Eagle." replied the shadow.

"Well what is an Eagle and what do you do?"

"I am a bird and I sail the great plains from dawn until dusk and I live on the snow capped mountains of Altazan. I see the blazing sun rise and set from my cliff top dwelling and ride the thermals high up in the air. In my world I can be anything I want to be, I can go wherever I choose to go! I am free and I am happy, And what of your life little frog?"

The little green frog thought for a moment and said "All I know is this dark dank world that surrounds me. I don't know about anything else other than this world and I think I am happy."

The Eagle looked at the frog for a moment, cocked his head to one side and with a great rush of air underneath his mighty wings he flew off.....to be continued.



**A special just for our readers and their friends  
or someone you would like to pass this on to.**

*Just for one month only* you will be able to purchase our book  
"Set By The Ancients" for just AU\$24.95 + postage and handling.

As well you will receive a Inner Journeys cd of your choice with  
your book purchase.

Total value of AU\$54.90 for just AU\$24.95

An amazing deal and a great gift idea for those who already have a  
copy.

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